

Sabina[®] II Lift

Skills Checklist

Staff Signature: _____

Trainer's Signature: _____

Date: _____

| Skills Checklist | ✓ | Initials |
|---|---|----------|
| 1. Demonstrate and verbalize the available bed features to aid in transferring patients. | | |
| 2. Verbalize weight capacity of lift, and demonstrate use of hand controls and safety features. | | |
| 3. Verbalize hospital policy for assessing and determining patient dependency and process for communicating transfer needs (equipment and slings). | | |
| 4. Demonstrate process to apply Sabina lift vest. | | |
| 5. Demonstrate prelift safety check of sling straps. Straps should be secured properly in the sling bar hooks. Safety latches should be in place. Sling straps should not be twisted. | | |
| 6. Verbalize best patient hand and body (leaning back) placement during lifting and standing procedure. | | |
| 7. Demonstrate proper lifting height, ie, raising the patient to a minimal height to clear the bed/chair surface. | | |
| 8. Demonstrate transfer from the bed to the chair/toilet/stretchers. | | |
| 9. Demonstrate repositioning in the chair. | | |
| 10. Verbalize reason for never leaving the patient unattended during transfers. | | |
| 11. Demonstrate vest removal with minimal manual lifting or skin shear. Verbalize the reason for plugging in the lift when not in use. | | |

I have read and understand the associated Lift and Sling Instruction Guidelines.

Name: _____ Date: _____